



RIBBLE VALLEY NETBALL CLUB

Welcome to Ribble Valley Netball Club!

At Ribble Valley Netball Club (RVNC), we pride ourselves on being a welcoming and inclusive community for netball enthusiasts of all ages and abilities. Our mission is to foster a love for netball while developing players' skills, confidence, and teamwork.

[Why choose RVNC?](#)

[Meet the Coaches](#)

[Our Squads](#)

[Safeguarding](#)

[Club Kit](#)

[Training](#)

[Matchplay](#)

[Committee](#)



Registered Charity: 1175554





RIBBLE VALLEY NETBALL CLUB

- **Inclusive Environment:** We welcome players from age 4 to adults, ensuring everyone can grow and excel.
- **Expert Coaching:** Our evidence-based training sessions are led by passionate coaches dedicated to helping young netballers reach their full potential, including England Thorn & Thunder Men's shooter, James Firminger.
- **Proven Track Record:** Many of our players have progressed to county academies, regional pathways, and professional teams. Commonwealth Games gold medallist & former England Roses Captain Natalie Metcalf started her journey with us!
- **Holistic Development:** Working with our club umpire, Sarah Gallagher and Lancashire Officiating lead, Helen Tomlinson we support our players to build on their netball skills through officiating qualifications. Sarah is a qualified official at the highest level 'A Award' and offers mentoring to our U14s + through 'Into Officiating and C Award support.



- **Pathways:** Several of our current girls from across the age groups are in Thunder and Leeds Rhino Pathways as well as representing Lancashire & Yorkshire at various age groups.
- **Community:** Situated in the heart of the Ribble Valley since 1997, we are the netball heartbeat right across Whalley, Clitheroe, Burnley & Blackburn.
- **Building lifelong friendships:** Our teams are made up of girls from across a wide range of schools throughout the Ribble Valley and beyond. Creating broader friendship groups through netball supports a happier transition into secondary school.
- **We Work Hard, Play Hard!**

WHY CHOOSE RVNC?



Coaching Support

We offer junior coaching which sees girls start their coaching journey through the club, being mentored by lead coaches and signing up to Pass on your passion England netball.

For more information on the Pass on your passion and level 1 and 2 coaching support, search 'Netball North West' on Google!

Officiating Support

- Many of our girls show a keen interest in umpiring. Through mentoring and support in club supported by our 'A award' umpire Sarah Gallagher and Lancashire officiating lead Helen Tomlinson (B Award), we support the girl's journey.
- Through the club's dedication to the girl's holistic netball development, we have enabled Georgia, Maya & Thea to qualification for the 'C Award' & we also have James working towards his 'B Award'.
- Louis , Richard, Ruby, Liv, Jess & Emily are all England Netball Into Officiating qualified umpires too



Junior Coaches- Martha, Alex, Sophie & Eloise



Our Home-Grown Umpires - Georgia, Maya, Thea, Liv, Jess & Emily

WHY CHOOSE RVNC?



RIBBLE VALLEY NETBALL CLUB

COACHES



OFFICIATING MENTORS



ASST. COACHES



MEET THE COACHES





RIBBLE VALLEY NETBALL CLUB

JUNIOR SECTION



U5 THROUGH TO U16

SENIORS DIV 1, 3 & 4



OUR SQUADS



As a club we are constantly working towards implementing the England Netball policies, procedures and guidelines in the pursuit of the best possible safeguards for protecting children in our club and in the wider community.

Safeguarding Policy January 24

Feedback & Complaints Policy – England Netball

Social Media Policy

Anti-Bullying & Harassment Policy

Safeguarding Adults At Risk Policy- England Netball

Photo & Video Recording of Young People Guidance

Whistleblowing Policy

Decision Making Flowchart



Example Concerns & What To Do

SAFEGUARDING



RIBBLE VALLEY NETBALL CLUB



CHAIR

JEROME FITZGERALD

rvncchair@gmail.com



HEAD COACH

AMY PREEDY

Ribblevalleycoaches@gmail.com



COMMS OFFICER

SAM FIELDING

rvncsocials@gmail.com



TREASURER

LOUISE SADLER

rvnctreasurer@gmail.com



SECRETARY

DEBBIE HALLAM

dhallamrvnc@gmail.com



SAFEGUARDING

SARAH SHORROCK

rvncsafeguarding@gmail.com



COMMITTEE MEMBER

KAT GRIFFITHS



COMMITTEE MEMBER

MAYA NELSON



COMMITTEE MEMBER

DOM PREEDY

COMMITTEE





RIBBLE VALLEY NETBALL CLUB



Ribble Valley Netball Club



DAY	OAKHILL LEISURE WISWELL LANE, WHALLEY, BB7 9AF	RIBBLESDALE HIGH QUEENS ROAD, CLITHEROE, BB7 1EJ
MONDAY	U8/U9- 4.15pm -5.45pm U14- 5.45pm - 7.15pm U15/U16- 7.15pm - 9.15pm	U7 - 5.30pm - 6.30pm
TUESDAY	U12 - 5pm - 7pm U15/16 (REGIONAL)- 7pm-9pm	
WEDNESDAY	RIDDLERS- 4.15pm - 5pm U10- 5pm - 6.30pm U11- 6.30pm - 8.30pm	
THURSDAY	U13/U14- 4.30pm - 6.30pm SENIORS S&C- 6.30pm - 7pm SENIORS- 7pm - 9pm	

2025/26 TRAINING SCHEDULE



WWW.RIBBLEVALLEYNETBALLCLUB.COM



oakhill
leisure

We run training throughout the week from our home at Oakhill College in the heart of the Ribble Valley. To the left, you find our training schedule.

CLUB TRAINING





RIBBLE VALLEY NETBALL CLUB

Most of our weekly junior match play is played through the Bury Sports For All Leagues on Sundays. Some of the age groups also play in the Lancashire Netball League & the Greater Manchester League which can be played on weekday evenings and some weekends.

Our performance Squads also compete in a range of regional and national competitions and leagues, in addition to the above. These include ENG, Sisters n Sport, Manchester Thunder League.

Our teams also compete regularly in one off tournaments across the northwest and beyond, so there is loads of opportunity for your daughter to be involved in competitive netball!

U6 > U9 play 'High 5' Netball, rotating through the positions each quarter to build up their all-round game. U9 > play full 7 a side, this is where your daughter will start to master specific positions.



MATCHPLAY



We are proud to be partnered with ICON who provide our whole club Ribble Valley Netball Club kit.

We have a junior style dress and a senior style- there is no expectation to order both. We expect all girls to wear dresses for match play and the training t-shirt for training.

All kit for club can now be purchased through ICON:

[Ribble Valley NC Teamwear - Netball Clubs - My Club Zone](#)

Having the right footwear is super important and we would recommend getting proper netball trainers. Some reasonably priced sites include, Sports Shoes & Lovell Sports



ICON



RIBBLE VALLEY NETBALL CLUB

This 'T-shirt only' option is available for age groups U10 and below. It is a non-branded T-shirt as an alternative & affordable option for our younger members who grow quickly! The T-Shirt is provided by Badge Warehouse. #
This will have the RVNC logo, on the left chest side and comes in sizes, 5-6, 7-8, 9-10 & 11-12

How to order:

Please email rvnckit@gmail.com

INCLUDE: your child's name, size, age group and training session.

DELIVERY: This can be delivered within a maximum 3-week window.

Once your order has arrived it will be given to your child in their training session.



Cost £12.00



CLUB KIT